



$$\Gamma, \Gamma = \underbrace{\Gamma h\Gamma}_{h\Gamma}$$

$$^A \Gamma = h\Gamma^A h\Gamma$$

$$\Gamma, h\Gamma = \underbrace{\Gamma, \Gamma}_{h\Gamma} h\Gamma$$

$$h\Gamma^A = ^A \Gamma h\Gamma$$