



$$s = s^i s^j_{ij} = s^i s^j \overline{s^i s^j}$$

$$\omega = \omega^\mu \omega^\nu_{\mu\nu} = \omega^\mu \omega^\nu \overline{\omega^\mu \omega^\nu}$$

$$\zeta = \zeta^m \zeta^n_{mn} = \zeta^m \zeta^n \overline{\zeta^m \zeta^n}$$