$$\begin{split} M\text{:}g \text{ metric} & \to T\left(M\right) = T^t\left(M\right) \to T\left(M\right) \text{ symplectic} \\ f\left(x\text{:}v\right) = g_x\left(v\text{:}v\right) \text{ hamilton-func on } T\left(M\right) \\ X_f & \in \text{ hamilton-VF on } T\left(M\right) \\ \exp\left(tX_f\right) & \in \text{ Diff } \left(M\right) \text{ geodesic flow on } T\left(M\right) \\ M \text{ geod full } & \leftrightarrow \exp\left(tX_f\right) \text{ voll} \\ \text{Quant: harm oscillator} \end{split}$$