$$\mathbb{R} \ni a_n \text{ bes}$$

$$\overset{\bullet}{a}_{\mathbb{N}+m} = \sup_{n \geqslant m} a_n \text{ antiton/bes}: \quad \overset{\bullet}{a}_{\mathbb{N}+m} \rightsquigarrow \overline{\lim} \, a_n$$

$$\underset{\bullet}{a}_{\mathbb{N}+m} = \inf_{n \geqslant m} a_n \text{ isoton/bes}: \quad \underset{\bullet}{a}_{\mathbb{N}+m} \rightsquigarrow \underline{\lim} \, a_n$$

$$a_m^- \leqslant a_m^+ \implies \underline{\lim} \, a_n \leqslant \overline{\lim} \, a_n: \quad a_n \text{ konv} \iff \underline{\lim} \, a_n = \overline{\lim} \, a_n$$