

$${}_{k\ell q}^{\bar{\lambda}^i} = {}_{\ell}^{\partial} {}_k^{\bar{\lambda}^i} - {}_k^{\partial} {}_{\ell}^{\bar{\lambda}^i} + {}_k^{\bar{\lambda}^p} {}_{\ell p}^{\bar{\lambda}^i} - {}_{\ell q}^{\bar{\lambda}^p} {}_{k p}^{\bar{\lambda}^i}$$

$${}_{k\ell q}^{\bar{\lambda}^i} + {}_{\ell q k}^{\bar{\lambda}^i} + {}_{qk\ell}^{\bar{\lambda}^i} = 0$$

$${}_{k\ell q}^{\bar{\lambda}^i} = - {}_{\ell k q}^{\bar{\lambda}^i}$$

$${}_{k\ell iq}^{\bar{\lambda}} = {}_{k\ell q}^{\bar{\lambda}^p} {}_{pi}^{\lambda}$$

$${}_{k\ell iq}^{\bar{\lambda}} = - {}_{k\ell qi}^{\bar{\lambda}}$$

$${}_{k\ell iq}^{\bar{\lambda}} = {}_{iqk\ell}^{\bar{\lambda}}$$

$$\underbrace{{}_{q\ell}^{\bar{\lambda}}} = {}_{i\ell q}^{\bar{\lambda}^i}$$

$$\underbrace{{}_{q\ell}^{\bar{\lambda}}} = {}_{i\ell q}^{\bar{\lambda}^i}$$

$$d=3: \quad {}_{\gamma\delta\alpha\beta}^{\bar{\lambda}} = \underbrace{{}_{\alpha\gamma}^{\bar{\lambda}}} - \underbrace{{}_{\alpha\delta}^{\bar{\lambda}}} + \underbrace{{}_{\beta\gamma}^{\bar{\lambda}}} - \underbrace{{}_{\beta\delta}^{\bar{\lambda}}} + \frac{1}{2} \underbrace{{}_{\alpha\beta\gamma\delta}^{\bar{\lambda}}} - \underbrace{{}_{\alpha\gamma\beta\delta}^{\bar{\lambda}}}$$

$$d=2: \quad 2 {}_{1212}^{\bar{\lambda}} = \underbrace{{}_{1122}^{\bar{\lambda}}} - \underbrace{{}_{1221}^{\bar{\lambda}}} = \underbrace{{}_{1122}^{\bar{\lambda}}}$$

$$\underline{\mathbf{1}}_{\mu} = \mu \underline{\mathbf{P}}_i^j \underline{\mathbf{1}}$$

$$\text{matrix-valued column } \underline{\mathbf{P}} = \begin{pmatrix} \underline{\mathbf{P}}_1^j \\ \vdots \\ \underline{\mathbf{P}}_n^j \end{pmatrix} = \frac{\underline{\mathbf{P}}^1}{\vdots} = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline n & 1 \\ \vdots & \vdots \\ n & n \end{array}} = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline n & 1 \\ \vdots & \vdots \\ n & n \end{array}}$$

$$\text{global transpose } \underline{\mathbf{P}}^T = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^n & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}} = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline n & 1 \\ \vdots & \vdots \\ n & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^n & \\ \hline n & 1 \\ \vdots & \vdots \\ n & n \end{array}}$$

$$\mu \underline{\mathbf{P}}_i^j = \underline{\mathbf{P}}_j^\mu$$

$$\text{local transpose } \underline{\mathbf{P}}^t = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^n & \\ \hline n & 1 \\ \vdots & \vdots \\ n & 1 \end{array}} = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^1 & \\ \hline 1 & n \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^n & \\ \hline n & n \\ \vdots & \vdots \\ n & n \end{array}}$$

$$\mu \underline{\mathbf{P}}_i^j = \mu \underline{\mathbf{P}}_j^i$$

$$\text{right multiple } \underline{\mathbf{P}}^{-1} = \frac{\underline{\mathbf{P}}^{-1}}{\vdots} = \frac{\begin{array}{c|c} \underline{\mathbf{P}}^{-1} & \\ \hline 1 & 1 \\ \vdots & \vdots \\ 1 & n \end{array}}{\begin{array}{c|c} \underline{\mathbf{P}}^{-1} & \\ \hline n & 1 \\ \vdots & \vdots \\ n & n \end{array}}$$

$${}_{\mu \cdot} \mathsf{a}_i \mathsf{a}_i^{-1}{}^k = {}_{\mu} \mathsf{a}_i{}^j \mathsf{a}_j^{-1}{}^k$$

$$\text{metric } \underline{\gamma} = \underline{\gamma} = \begin{array}{c|c|c} \underline{\gamma}^1 & \dots & \underline{\gamma}^n \\ \hline 1 & & 1 \\ \vdots & \ddots & \vdots \\ \hline \underline{\gamma}^1 & \dots & \underline{\gamma}^n \end{array} = \begin{array}{c|c|c} \underline{\gamma}_{11} & \dots & \underline{\gamma}_{1n} \\ \hline \vdots & \ddots & \vdots \\ \hline \underline{\gamma}_{n1} & \dots & \underline{\gamma}_{nn} \end{array}$$

$$\underline{\gamma}_i^j = \underline{\gamma}_{ij}$$

$$\text{inverse metric } \bar{\underline{\gamma}} = \bar{\underline{\gamma}} = \begin{array}{c|c|c} \bar{\underline{\gamma}}^{11} & \dots & \bar{\underline{\gamma}}^{1n} \\ \hline \vdots & \ddots & \vdots \\ \hline \bar{\underline{\gamma}}^{n1} & \dots & \bar{\underline{\gamma}}^{nn} \end{array} = \begin{array}{c|c|c} \bar{\underline{\gamma}}_{11}^{-1} & \dots & \bar{\underline{\gamma}}_{1n}^{-1} \\ \hline \vdots & \ddots & \vdots \\ \hline \bar{\underline{\gamma}}_{n1}^{-1} & \dots & \bar{\underline{\gamma}}_{nn}^{-1} \end{array}$$

$$\bar{\underline{\gamma}}_i^j = \bar{\underline{\gamma}}_{ij}$$

$$\text{Christoffel } \bar{\underline{\gamma}}_{\cdot i} = \begin{array}{c|c} \bar{\underline{\gamma}}_{11} & \bar{\underline{\gamma}}_{1n} \\ \vdots & \vdots \\ \bar{\underline{\gamma}}_{n1} & \bar{\underline{\gamma}}_{nn} \end{array} = \begin{array}{c|c} \bar{\underline{\gamma}}_{11} & \bar{\underline{\gamma}}_{1n} \\ \vdots & \vdots \\ \bar{\underline{\gamma}}_{n1} & \bar{\underline{\gamma}}_{nn} \end{array}$$

$\underline{\mathbf{U}}$ = $\begin{array}{c} \underline{\mathbf{U}}_1 \\ \vdots \\ \underline{\mathbf{U}}_n \end{array}$ column

$$\underline{\mathbf{U}} \times \underline{\gamma} = \begin{array}{c|c} \underline{\mathbf{U}}_1^1 & \underline{\mathbf{U}}_1^n \\ \vdots & \vdots \\ \underline{\mathbf{U}}_n^1 & \underline{\mathbf{U}}_n^n \end{array} = \begin{array}{c|c} \underline{\mathbf{U}}_1^1 & \underline{\mathbf{U}}_1^n \\ \vdots & \vdots \\ \underline{\mathbf{U}}_n^1 & \underline{\mathbf{U}}_n^n \end{array} \text{ matrix-valued column}$$

$${}_\mu \underline{\mathbf{U}}_i^j = {}_\mu \underline{\mathbf{U}}_i^1 \underline{\gamma}_i^j = {}_\mu \underline{\mathbf{U}}_i^1 \underline{\gamma}_{ij}$$

$$\text{global transpose } \underline{\mathbf{1}}^T \underline{\mathbf{x}} \underline{\mathbf{n}} = \begin{array}{c|c|c} \underline{\mathbf{1}}_1^1 & \dots & \underline{\mathbf{1}}_1^1 \\ \vdots & \dots & \vdots \\ \underline{\mathbf{1}}_n^1 & \dots & \underline{\mathbf{1}}_n^1 \\ \hline \vdots & \ddots & \vdots \\ \hline \underline{\mathbf{1}}_1^n & \dots & \underline{\mathbf{1}}_1^n \\ \vdots & \dots & \vdots \\ \underline{\mathbf{1}}_n^n & \dots & \underline{\mathbf{1}}_n^n \end{array}$$

$${}_{\mu} \underline{\mathbf{1}}_i^T \underline{\mathbf{x}}^j = {}_{j} \underline{\mathbf{x}}_i^{\mu} = {}_{j} \underline{\mathbf{1}}_i^{\mu} = {}_{j} \underline{\mathbf{1}}_{i\mu}$$

$$\text{local transpose } \underline{\mathbf{1}}^T \underline{\mathbf{x}} \underline{\mathbf{n}} = \begin{array}{c|c|c} \underline{\mathbf{1}}_1^1 & \dots & \underline{\mathbf{1}}_n^1 \\ \vdots & \dots & \vdots \\ \underline{\mathbf{1}}_1^1 & \dots & \underline{\mathbf{1}}_n^1 \\ \hline \vdots & \ddots & \vdots \\ \hline \underline{\mathbf{1}}_1^n & \dots & \underline{\mathbf{1}}_n^n \\ \vdots & \dots & \vdots \\ \underline{\mathbf{1}}_1^n & \dots & \underline{\mathbf{1}}_n^n \end{array}$$

$${}_{\mu} \underline{\mathbf{1}}_i^{Tt} \underline{\mathbf{n}}^j = {}_{\mu} \underline{\mathbf{1}}_j^T \underline{\mathbf{n}}^i = {}_{i} \underline{\mathbf{x}}_j^{\mu} = {}_{i} \underline{\mathbf{1}}_j^{\mu} = {}_{i} \underline{\mathbf{1}}_{j\mu}$$

$$/ \quad 2 \bar{\mathbf{H}} = \underbrace{\underline{\mathbf{x}} \underline{\mathbf{n}} - \underline{\mathbf{1}}_x^T \underline{\mathbf{n}} + \underline{\mathbf{1}}_x^{Tt} \underline{\mathbf{n}}} \bar{\mathbf{H}}^{-1}$$

$$\begin{aligned} {}_{\mu} \text{RHS}_i^k &= \underbrace{{}_{\mu} \underline{\mathbf{x}} \underline{\mathbf{n}} - {}_{\mu} \underline{\mathbf{1}}_x^T \underline{\mathbf{n}} + {}_{\mu} \underline{\mathbf{1}}_x^{Tt} \underline{\mathbf{n}}} \bar{\mathbf{H}}_j^{-1k} = \left({}_{\mu} \underline{\mathbf{x}} \underline{\mathbf{n}}^j - {}_{\mu} \underline{\mathbf{1}}_x^T \underline{\mathbf{n}}^j + {}_{\mu} \underline{\mathbf{1}}_x^{Tt} \underline{\mathbf{n}}^j \right) \bar{\mathbf{H}}_j^{-1k} \\ &= \left({}_{\mu} \underline{\mathbf{1}}_{ij} - {}_{j} \underline{\mathbf{1}}_{i\mu} + {}_{i} \underline{\mathbf{1}}_{j\mu} \right) \underline{\mathbf{H}}^{jk} = {}_{\mu} \bar{\mathbf{H}}_i \underline{\mathbf{H}}^j \end{aligned}$$

matrix-valued matrix $\boldsymbol{\eta} = \begin{pmatrix} \boldsymbol{\eta} \\ \mu\nu \boldsymbol{\eta}_i^j \end{pmatrix} = \begin{pmatrix} \boldsymbol{\eta} \\ \mu\nu \boldsymbol{\eta}_i^j \end{pmatrix} = \begin{array}{c|c|c} \boldsymbol{\eta} & \cdots & \boldsymbol{\eta} \\ \hline 11 & \cdots & 1n \\ \vdots & \ddots & \vdots \\ \hline n1 & \cdots & nn \end{array} = \begin{array}{c|c|c} \boldsymbol{\eta}^1 & \cdots & \boldsymbol{\eta}^n \\ \hline 11_1 & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline 11_n & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline n1_1 & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline n1_n & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline nn_1 & \cdots & nn_n \\ \vdots & \ddots & \vdots \\ \hline nn_n & \cdots & nn_n \end{array}$

global transpose $\boldsymbol{\eta}^T = \begin{array}{c|c|c} \boldsymbol{\eta} & \cdots & \boldsymbol{\eta} \\ \hline 11 & \cdots & n1 \\ \vdots & \ddots & \vdots \\ \hline 1n & \cdots & nn \end{array} = \begin{array}{c|c|c} \boldsymbol{\eta}^1 & \cdots & \boldsymbol{\eta}^n \\ \hline 11_1 & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline 11_n & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline n1_1 & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline n1_n & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline nn_1 & \cdots & nn_n \\ \vdots & \ddots & \vdots \\ \hline nn_n & \cdots & nn_n \end{array}$

$$\mu\nu \boldsymbol{\eta}_i^T j = \nu\mu \boldsymbol{\eta}_i^j$$

local transpose $\boldsymbol{\eta}^t = \begin{array}{c|c|c} \boldsymbol{\eta} & \cdots & \boldsymbol{\eta} \\ \hline 11 & \cdots & 1n \\ \vdots & \ddots & \vdots \\ \hline n1 & \cdots & nn \end{array} = \begin{array}{c|c|c} \boldsymbol{\eta}^1 & \cdots & \boldsymbol{\eta}^1 \\ \hline 11_1 & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline 11_n & \cdots & 11_n \\ \vdots & \ddots & \vdots \\ \hline n1_1 & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline n1_n & \cdots & n1_n \\ \vdots & \ddots & \vdots \\ \hline nn_1 & \cdots & nn_n \\ \vdots & \ddots & \vdots \\ \hline nn_n & \cdots & nn_n \end{array}$

$$\mu\nu \boldsymbol{\eta}_i^t j = \mu\nu \boldsymbol{\eta}_j^i$$

$$\text{differential } \dots \bar{P}^{\cdot} = \begin{array}{c|c|c} \bar{P}^{\cdot} & \cdots & \bar{P}^{\cdot} \\ \hline 11 \cdot & \cdots & 1n \cdot \\ \vdots & \ddots & \vdots \\ \hline n1 \cdot & \cdots & nn \cdot \end{array} = \begin{array}{c|c|c} \bar{P}^{-1} & \cdots & \bar{P}^{-n} \\ \hline 11_1 & \cdots & 11_1 \\ \vdots & \ddots & \vdots \\ \hline 11_n & \cdots & 11_n \\ \hline \end{array} \dots \begin{array}{c|c|c} \bar{P}^{-1} & \cdots & \bar{P}^{-n} \\ \hline 1n_1 & \cdots & 1n_1 \\ \vdots & \ddots & \vdots \\ \hline 1n_n & \cdots & 1n_n \\ \hline \end{array} \dots \begin{array}{c|c|c} \bar{P}^{-1} & \cdots & \bar{P}^{-n} \\ \hline n1_1 & \cdots & n1_1 \\ \vdots & \ddots & \vdots \\ \hline n1_n & \cdots & n1_n \\ \hline \end{array} \dots \begin{array}{c|c|c} \bar{P}^{-1} & \cdots & \bar{P}^{-n} \\ \hline nn_1 & \cdots & nn_1 \\ \vdots & \ddots & \vdots \\ \hline nn_n & \cdots & nn_n \\ \hline \end{array}$$

$\mathbf{P}_{xx} = \begin{matrix} \mathbf{P}_1 & \dots & \mathbf{P}_n \end{matrix}$ matrix-valued row

$$\dots \begin{array}{c} \text{1} \\ \text{n} \end{array} = \begin{array}{c|c|c} \text{1} & \dots & \text{n} \\ \hline \text{1} & \dots & \text{n} \\ \vdots & \ddots & \vdots \\ \hline \text{1} & \dots & \text{n} \\ \text{n} & \dots & \text{n} \end{array} = \begin{array}{c|c|c} \text{1} & \dots & \text{n} \\ \hline \text{1} & \dots & \text{n} \\ \vdots & \ddots & \vdots \\ \hline \text{1} & \dots & \text{n} \\ \text{n} & \dots & \text{n} \\ \vdots & \ddots & \vdots \\ \hline \text{1} & \dots & \text{n} \\ \text{n} & \dots & \text{n} \end{array} \dots \begin{array}{c} \text{1} \\ \text{n} \end{array}$$

$$\mu\nu \underline{\mathfrak{U}}^{\mathfrak{X}^{\mathsf{P}^\sharp}}_i = {}_\mu\underline{\mathfrak{U}}_{\nu} \mathsf{P}_i^j$$

$$\begin{array}{c|c|c|c|c|c} \begin{matrix} \mathfrak{l}_1 & \mathfrak{l}_1 \\ \underline{1} & \underline{1} \end{matrix}^1 & \dots & \begin{matrix} \mathfrak{l}_1 & \mathfrak{l}_1 \\ \underline{1} & \underline{1} \end{matrix}^n & & \begin{matrix} \mathfrak{l}_n & \mathfrak{l}_n \\ \underline{n} & \underline{n} \end{matrix}^1 & \dots & \begin{matrix} \mathfrak{l}_n & \mathfrak{l}_n \\ \underline{n} & \underline{n} \end{matrix}^n \\ \vdots & \ddots & \vdots & \dots & \vdots & \ddots & \vdots \\ \hline \begin{matrix} \mathfrak{l}_1 & \mathfrak{l}_1 \\ \underline{1} & \underline{1} \end{matrix}^1 & \dots & \begin{matrix} \mathfrak{l}_1 & \mathfrak{l}_1 \\ \underline{1} & \underline{1} \end{matrix}^n & & \begin{matrix} \mathfrak{l}_n & \mathfrak{l}_n \\ \underline{n} & \underline{n} \end{matrix}^1 & \dots & \begin{matrix} \mathfrak{l}_n & \mathfrak{l}_n \\ \underline{n} & \underline{n} \end{matrix}^n \end{array}$$

global transpose $\underline{1} \Sigma^T P =$

$$\begin{array}{c|c|c} \underline{\mathbf{1}}_n^{\underline{\mathbf{n}}} & \dots & \underline{\mathbf{1}}_n^{\underline{\mathbf{n}}} \\ \hline \vdots & \ddots & \vdots \\ \hline \underline{\mathbf{1}}_n^{\underline{\mathbf{n}}} & \dots & \underline{\mathbf{1}}_n^{\underline{\mathbf{n}}} \end{array} \quad \dots \quad \begin{array}{c|c|c} \underline{\mathbf{n}}^{\underline{\mathbf{1}}} & \dots & \underline{\mathbf{n}}^{\underline{\mathbf{1}}} \\ \hline \vdots & \ddots & \vdots \\ \hline \underline{\mathbf{n}}^{\underline{\mathbf{1}}} & \dots & \underline{\mathbf{n}}^{\underline{\mathbf{1}}} \end{array}$$

$$\mu\nu \underline{\mathbf{1}}_i^T \underline{\mathbf{X}}^{\sharp} = \nu\mu \underline{\mathbf{1}}_i^T \underline{\mathbf{X}}^{\sharp} = \nu \underline{\mathbf{1}}_i \underline{\mathbf{a}}_i^j$$

$$P \otimes P^\sharp = \begin{matrix} & & & \\ & \begin{matrix} P_1 & & & \\ & \ddots & & \\ & & P_i & \\ & & & \ddots \\ & & & P_n \end{matrix} & & \\ \begin{matrix} & & & \\ & \vdots & & \\ & & P_1 & \\ & & & \ddots \\ & & & P_n \end{matrix} & \cdots & & \end{matrix} = \begin{matrix} & & & \\ & \begin{matrix} P_1^i & P_1^{i+1} & & \\ & \ddots & & \\ & & P_n^i & P_n^{i+1} \\ & & & \ddots \\ & & & P_n^i & P_n^{i+1} \end{matrix} & & \\ \begin{matrix} & & & \\ & \vdots & & \\ & & P_1^i & P_1^{i+1} \\ & & & \ddots \\ & & & P_n^i & P_n^{i+1} \end{matrix} & \cdots & & \end{matrix} = \begin{matrix} & & & \\ & \begin{matrix} P_1^i & P_1^{i+1} & & \\ & \ddots & & \\ & & P_n^i & P_n^{i+1} \\ & & & \ddots \\ & & & P_n^i & P_n^{i+1} \end{matrix} & & \\ \begin{matrix} & & & \\ & \vdots & & \\ & & P_1^i & P_1^{i+1} \\ & & & \ddots \\ & & & P_n^i & P_n^{i+1} \end{matrix} & \cdots & & \end{matrix}$$

$$\mu^\nu \mathsf{P} \sum_i \mathsf{P}^{\sharp}_i{}^j = \mu_i{}^k \nu_k{}^j$$

$$\begin{array}{c|c|c} \frac{\alpha_1^i}{1} & \frac{\alpha_1^i}{1} \\ \hline 1 & 1 & 1 \\ \hline \vdots & \ddots & \vdots \\ \hline \frac{\alpha_n^i}{1} & \frac{\alpha_n^i}{1} \end{array} \quad \dots \quad \begin{array}{c|c|c} \frac{\alpha_1^i}{n} & \frac{\alpha_1^i}{1} \\ \hline 1 & 1 & 1 \\ \hline \vdots & \ddots & \vdots \\ \hline \frac{\alpha_n^i}{n} & \frac{\alpha_n^i}{1} \end{array}$$

global transpose $\mathbf{P} \times \mathbf{P} =$

matrix-valued matrix

$$\begin{array}{c|c|c|c} \hline & \begin{matrix} \overline{\alpha}_1^i & \overline{\alpha}_1^1 \\ \overline{\alpha}_1^1 & \overline{\alpha}_1^n \end{matrix} & \cdots & \begin{matrix} \overline{\alpha}_1^i & \overline{\alpha}_1^n \\ \overline{\alpha}_1^1 & \overline{\alpha}_1^i \end{matrix} \\ \hline \vdots & \ddots & & \vdots \\ \hline & \begin{matrix} \overline{\alpha}_1^i & \overline{\alpha}_1^1 \\ \overline{\alpha}_1^n & \overline{\alpha}_1^n \end{matrix} & \cdots & \begin{matrix} \overline{\alpha}_1^i & \overline{\alpha}_1^n \\ \overline{\alpha}_1^n & \overline{\alpha}_1^i \end{matrix} \\ \hline \end{array}$$

$$\mu\nu \mathop{\boxtimes}\limits_i^T \mathop{\boxplus}\limits^{\sharp}^j = \nu\mu \mathop{\boxtimes}\limits_i \mathop{\boxplus}\limits^{\sharp}^j = \nu \mathop{\boxplus}\limits_i^k \mu \mathop{\boxplus}\limits_k^j$$

$$1/\|P\| = \mathbf{1} \otimes P^{\frac{1}{2}} - \mathbf{1} \otimes P^T P^{\frac{1}{2}} + P \otimes P^{\frac{1}{2}} - P \otimes P^T P^{\frac{1}{2}}$$

$$\mu\nu \text{RHS}_i^j = \mu\nu \cancel{\text{LX}}_i^{\cancel{\text{R}}} - \mu\nu \cancel{\text{LX}}_i^T \cancel{\text{R}} + \mu\nu \cancel{\text{R}} \cancel{\text{LX}}_i^{\cancel{\text{R}}} - \mu\nu \cancel{\text{R}} \cancel{\text{LX}}_i^T \cancel{\text{R}}$$

$$= {}_{\mu} \mathfrak{l}_{-}{}^{\nu} \mathfrak{P}_i^j - {}_{\nu} \mathfrak{l}_{-}{}^{\mu} \mathfrak{P}_i^j + {}_{\mu} \mathfrak{P}_i^k {}_{\nu} \mathfrak{P}_k^j - {}_{\nu} \mathfrak{P}_i^k {}_{\mu} \mathfrak{P}_k^j = \mu \nu \bar{\mathfrak{P}}_i^j$$

$$\begin{aligned}\bar{\bar{\mathfrak{L}}} &= \underline{\mathfrak{l}} \times \bar{\mathfrak{l}} \mathfrak{h} - \underline{\mathfrak{l}} \overset{T}{\times} \bar{\mathfrak{l}} \mathfrak{h} + \bar{\mathfrak{l}} \mathfrak{h} \times \bar{\mathfrak{l}}^{\sharp} \mathfrak{h} - \bar{\mathfrak{l}} \mathfrak{h} \overset{T}{\times} \bar{\mathfrak{l}}^{\sharp} \mathfrak{h} \\ {}_{\nu} \text{Ric}_i &= {}_{\nu} \bar{\bar{\mathfrak{L}}} = {}_{j\nu} \bar{\bar{\mathfrak{L}}}^j \\ R &= {}_{\nu} \text{Ric}_i{}^{\nu i} = {}_{j\nu} \bar{\mathfrak{l}}_i^j \cdot \mathfrak{h}^{\nu i}\end{aligned}$$