

$${}^\alpha \widehat{\partial \log h} = \underline{\partial^\alpha h} h_\alpha$$

$${}_i {}^\alpha \widehat{\partial \log h}^j = \underline{\partial_{ik}^\alpha h}^{kj} h_\alpha$$

$${}^\beta h = {}^\beta g_\alpha {}^\alpha h {}^\beta \dot{g}_\alpha$$

$${}^\beta \widehat{\partial \log h} = \underline{\partial^\beta g_\alpha} {}^\alpha g_\beta + {}^\beta g_\alpha {}^\alpha \widehat{\partial \log h} {}^\alpha g_\beta$$

$$\partial^\beta h = \underline{\partial^\beta g_\alpha} {}^\alpha h {}^\beta \dot{g}_\alpha + {}^\beta g_\alpha \underline{\partial^\alpha h} {}^\beta \dot{g}_\alpha + {}^\beta g_\alpha {}^\alpha h \overbrace{\partial^\beta \dot{g}_\alpha}^{\equiv 0}$$

$$\text{LHS} = \underline{\partial^\beta h} h_\beta = \overbrace{\underline{\partial^\beta g_\alpha} {}^\alpha h {}^\beta \dot{g}_\alpha + {}^\beta g_\alpha \underline{\partial^\alpha h} {}^\beta \dot{g}_\alpha}^{\alpha \dot{g}_\beta} h_\alpha {}^\alpha g_\beta$$

$$= \underbrace{\partial^\beta g_\alpha} {}^\alpha h \underbrace{{}^\beta \dot{g}_\alpha {}^\alpha \dot{g}_\beta}_{=1} h_\alpha {}^\alpha g_\beta + {}^\beta g_\alpha \underline{\partial^\alpha h} \underbrace{{}^\beta \dot{g}_\alpha {}^\alpha \dot{g}_\beta}_{=1} h_\alpha {}^\alpha g_\beta = \underbrace{\partial^\beta g_\alpha} {}^\alpha h \underbrace{h_\alpha} _{=1} {}^\alpha g_\beta + {}^\beta g_\alpha \underline{\partial^\alpha h} h_\alpha {}^\alpha g_\beta = \text{RHS}$$